# Kathryn Colas

## Pioneer, Entrepreneur, Writer and Professional Speaker

kathryncolasacademy.com



Kathryn Colas is a hugely respected voice for women going through the menopause.

Kathryn is Founder of The Kathryn Colas Academy, and Chief Executive of the Women's Advice and Support Service Simply Hormones, she has become a sought-after media commentator and professional speaker, recognised for her work with NGOs, public and private sector organisations in improving understanding of menopausal symptoms; empowering women with better information while influencing policy and practices in the workplace.

# Listen to Kathryn



Kathryn became the first lay person to be appointed to the medical advisory committee of the British Menopause Society.

Kathryn's media appearances include the BBC Radio 4 Woman's Hour, BBC Breakfast tv and numerous national newspapers and magazines.









# Brief History of Speaking Events




BMS Annual Conference



FM (Facilities Management) Annual Conference



Gordons LLP - A Perfect Storm Event - Vicky O'Farrell & Kathryn Colas



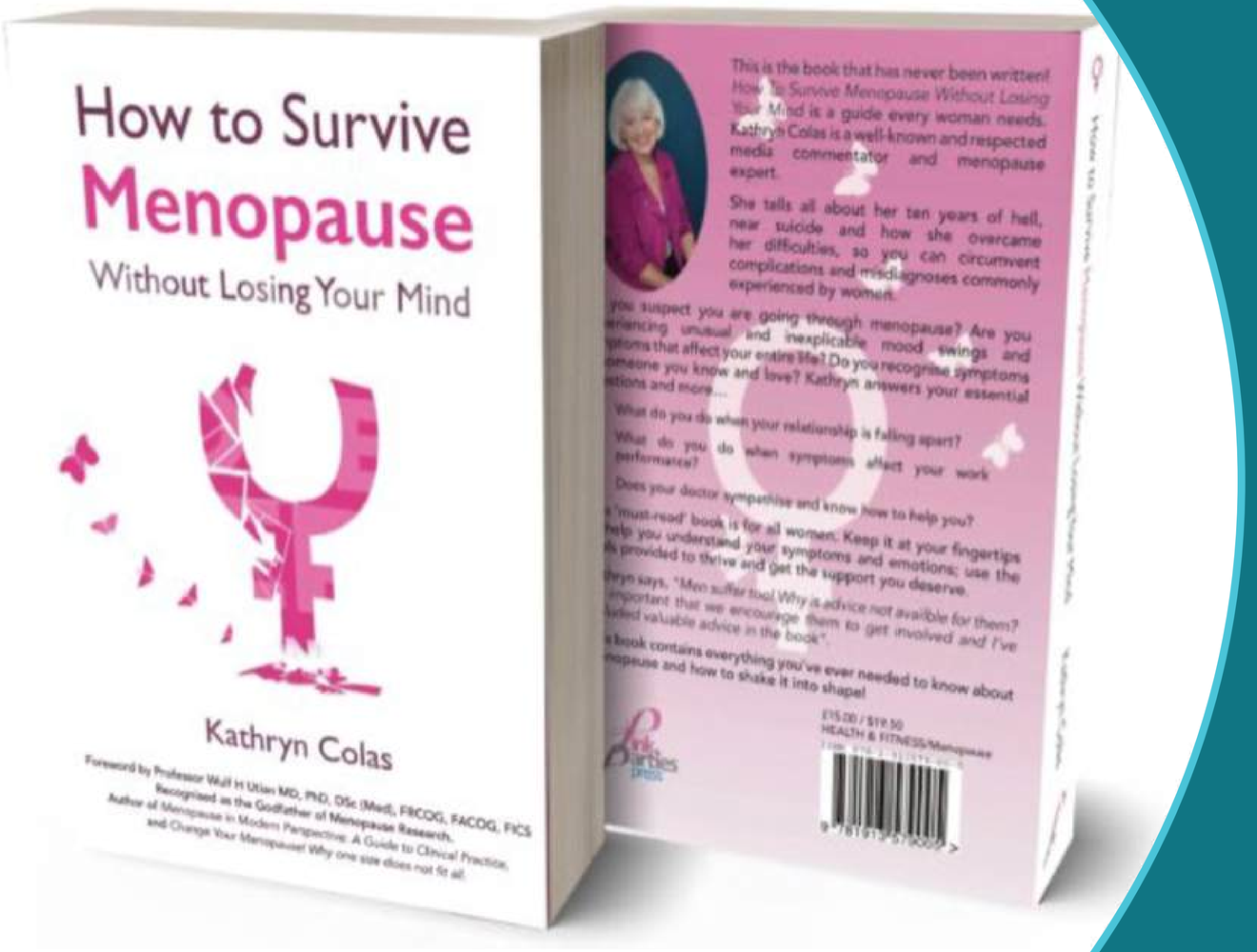
L-R Sheryl A Kinsberg PhD, Prof Marla Shapiro, Kathryn Colas, Dr Heather Currie: European Menopause Society AGM-Speakers



Uckfield FM




Firefit/Fire Service UK Annual Conference




# Written with passion and from the heart...

Forward by Prof Wulf H Utian, original founder of North American Menopause Society

# Kathryn is looking forward to being part of your next event.






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