

Green Key

GROW • DEVELOP • INSPIRE

GREEN KEY PERSONAL DEVELOPMENT UNLOCKING POTENTIAL THROUGH NURTURING AND INSPIRATION

Welcome to Green Key Personal Development

Grow-Develop-Inspire are the key words that drive Green Key and what we do. Our mission is to “unlock” potential through inspiring individuals and teams to exceed expectations whilst achieving personal and company goals. Achieved through close cooperation with our clients to develop training solutions in:

- Leadership
- Communication
- Customer Excellence
- Wellbeing in the workplace

A member of the good business charter

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Training solutions

- In person
- Virtual
- Blended
- E-Learning

We Love What We Do

- Design and deliver inspirational solutions in leadership, customer service, communication and workplace wellbeing that supports sustainable business growth.
- Unlock potential through bespoke training in accordance with needs and business goals adding value to your business.
- Offer e-learning subscription supported by AI coach.
- Address workplace mental, emotional and physical health through root cause analysis and inspirational leadership.



Management & Leadership

All courses are directed at team members who need training prior to promotion into a leadership position or who requires further development to meet new challenges.

- EQ series
- Managing remote teams
- Teamwork & team development
- Giving and receiving feedback
- Adapting to change
- Building resilience
- Compassionate inquiry
- Effective delegation
- Problem solving & decision making
- …….



Workplace Wellbeing

Courses support organisations in building a culture of wellbeing that improves productivity and decreases absenteeism and sickness.

- The Art of self-empowerment
- Maximising energy
- Stress in my stride – building resilience
- Mental agility – brain health
- Building natural immune health
- The impact of menopause on performance
- Critical conversations – feedback to inspire
- Say “No” assertively
- Adapting to change



Customer service

All courses are directed at team members who face and work with customers. Courses include:

- Effective listening
- Speaking clearly and confidently
- Handling difficult situations
- Saying “No” assertively
- Building resilience
- Developing self-regulation
- Developing self-awareness
- Building empathy
- …….



E-learning

- Subscription model offering AI coach in Accelerator and Trailblazer subscriptions
- Competence based, interactive content
- Access on the go – mobile friendly
- Bite size learning chunks
- Earn CPD points
- All participants receive a certificate for successful completion



Rachel Shackleton

- Hotelier by background
- Founder and CEO of Concept Training, Russia
- Founder of Green Key Personal Development and Green Key Health, UK
- 30+ years training experience in SME as well as global organisations
- Specialises in customer service, leadership, communication and workplace wellbeing
- Qualified medical herbalist, naturopath and kinesiologist



Cath St Leger

- Background in psychology and philosophy
- Level 7 Coach
- 20+ years of learning and development experience in finance, housing, retail, charities, automative and global teams
- Specialises in management & leadership, customer service and communication
- Lifelong love of learning

"I focus on what actually works in the real world — no fluff, no jargon, just good, honest development that gives people the tools and confidence to do their jobs better, lead others, and feel more in control."



Our clients

- JTI (GBS, GSD)
- Sperasoft
- Arctic7
- Apstec Systems
- Customer Whisperers
- Lady Eleanor Hollis School
- Lygon Arms Hotel
- Ministry of Innovation
- DellEMC
- Intermedia
- Novardis
- Planon
- Electoral Commission



"Green Key Personal Development is a Game-Changer!
I had the pleasure of working with Green Key Personal Development while leading Oracle's Development Centre (400+ employees), and I can't recommend them enough!"

G.Labzovsky, CEO Development Centre

Contacts

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